

Transitioning Teens to Adults

Associated Centers for Therapy

Fostering independence

Overcoming obstacles

Transition Services offers support, guidance and advocacy for young people ages 17-24 who are “aging out” of state custody and foster care.

Many young people with mental and behavioral health problems leave state custody at age 18 lacking a high school diploma, a job, or a place to live. They face potential loneliness, depression, unemployment, homelessness and crime at a greater rate than other young adults.

Transition Services helps these young adults prepare for life on their own by connecting them with community services and caring adults.

Bridges to the future

Transition Services helps young people identify their strengths and create a plan to achieve their goals.

A support system of people and community resources builds bridges to a better future by putting plans into action. A range of community health and supportive services assists with:

- Career consultation, job placement and coaching
- Education assessment, planning, enrollment and support
- Social and independent living skills training
- Subsidized housing
- Physician and medication services

Here to help

A trusted adult is available 24 hours a day, seven days a week to help in a crisis and with fears, frustrations, disappointments and confusion.

The objective is a successful transition from foster care to personal, vocational and residential independence.



Associated Centers for Therapy

A non-profit community mental health center

Helping build better lives
through behavioral health
and substance abuse services

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Celebrating 25 years of caring

*The Tulsa Children's Behavioral Health Community Team
brings agencies together to create innovative programs and
to eliminate gaps in services for children, adults and families*