

Housing: Opening doors to recovery

Associated Centers for Therapy

Keys to independence

Living in a safe place promotes stability, security and recovery for people facing the daily challenges of serious mental illness.

ACT's housing:

- Provides varying levels of independence for low-income adults
- Offers a structured living environment
- Reduces homelessness and risk of hospitalization

All residents receive:

- Ongoing mental health services from ACT or other agencies
- Support from on-site management

Home at last

Three complexes – Eagles' Nest in Broken Arrow, Hickory Ridge in Sapulpa, and New Seasons in Tahlequah – offer long-term independent living for single adults. Tenant income determines the amount of rent, and utilities are included.

Transitional living

The LIFE Program in midtown Tulsa provides free housing, medication and grocery stipends for up to six months. Residents receive focused support and training.



SaVille Supported Transitional Housing Program in south Tulsa offers fixed rent including utilities for up to two years and supports independent living.

Residents in both programs receive life skills training such as budgeting, personal hygiene, housekeeping, medication management and personal safety.

Rent subsidies

Rent subsidies allow individuals and families served by ACT to choose housing in a specific geographic area.

ACT
Associated Centers for Therapy
Helping build better lives

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A non-profit community mental health center

Helping build better lives
through behavioral health
and substance abuse services

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